



## WISH LIST

### LUNCH ITEMS

Microwavable soups  
Cup of Noodles  
Chef Boyardee  
Spaghetti O's  
Easy Mac  
Packets of ready to eat tuna  
or chicken salad

### DRINKS

Juice boxes  
Bottled water  
Single serve shelf stable  
milk/soy milk boxes  
Gatorade  
Single serve powdered drink  
mixes

### SNACK ITEMS

Fruit cups  
Applesauce  
Trail mix  
Fruit snacks  
Pudding cups  
Peanut butter crackers  
Goldfish crackers  
Animal crackers  
Granola bars  
Breakfast bars  
Single serve cereal boxes  
Microwavable oatmeal  
packets/cups  
Pop Tarts

### TAKE HOME ITEMS

Multi-serving size foods (*such  
as boxes of mac & cheese,  
cereal, pancake mix, nut  
butter & jelly, pasta*)  
Plain canned vegetables

Beans  
Rice/rice mixes  
Coffee/tea

### NON-FOOD ITEMS

Soap/body wash  
Deodorant  
Menstrual care products

### WE DO NOT ACCEPT

Perishable items  
Loaves of bread  
Expired items

If you have any questions, please email [food@rcsj.edu](mailto:food@rcsj.edu)