



**Rowan College  
of South Jersey**

Policy: 3005  
Title: **HEALTH, PHYSICAL EDUCATION, AND RECREATION**  
Area: Academic Services  
Approved: 07/01/19  
Reaffirmed: 12/13/22

Participating in health, physical education, and recreation courses provides students with opportunities to make sound decisions regarding their health and wellness.

Students taking a health, physical education, and recreation course will be provided with opportunities to make sound decisions regarding components of their health and wellness.

One (1) course in general Physical Education will be required as partial fulfillment for the associate degree, when appropriate.

The Physical Education requirement may be waived upon presentation of a medical excuse or written approval from the Vice President of Academic Services, or designee.