



[ARTCATAA; CIP Code 24.0101]

Associate in Arts (A.A.) – Transfer

For students who want to transfer into a bachelor's degree program in art therapy. The option offers a strong foundation in the fundamentals of art therapy. Students who wish to pursue a degree in art therapy will learn to explore an individual's problems and potential, while using art to cultivate physical and emotional well-being. The curriculum includes an interaction between theoretical learning and artistic learning.

Program Learning Outcomes

Students who have completed the program should be able to:

- Analyze the relationship between art making and art therapy
- Use a variety of art materials and therapeutic art techniques to gain an understanding of the healing nature of the art process
- Identify the major theoretical approaches of the pioneers who developed art therapy as a profession
- Identify and discuss the developmental stages of art, the therapeutic process, and the stages of therapy
- Locate, retrieve, and critically evaluate information and information sources

Art Therapy, A.A.

FIRST YEAR – Fall Semester

☐ ENGL 101 English Composition I <i>or</i> ENGL 101E Enhanced English Composition I	3–4
☐ CSCI 101 Introduction to Microcomputers <i>or</i> CSCI 110 Technology Literacy	2–3
☐ ARTS 105 Drawing I	3
☐ SOCI 101 Introduction to Sociology	3
☐ HIST 103 World History I <i>or</i> HIST 104 World History II	3
	14–16

Spring Semester

☐ ENGL 102 English Composition II	3
☐ ARTS 103 Art History I	3
☐ CERS 101 Ceramics I	3
☐ MATH 103 Statistics I	3
☐ PSYC 101 General Psychology	3
	15

SECOND YEAR – Fall Semester

☐ ARTS 121 Introduction to Art Therapy and Methods	3
☐ SOCI 207 Social Minorities & Intergroup Relations	3
☐ SOCI 217 Human Behavior in the Social Environment I	3
☐ SPEH 101 Effective Speech	3
☐ BIOL 107 Human Biology	4
	16

Spring Semester

☐ ARTS 123 Introduction to Art Therapy in Practice	3
☐ ARTS 129 Two-Dimensional Design	3
☐ SPAN 101 Elementary Spanish I (or higher)	3
☐ SOCI 212 Social Psychological Counseling	3
☐ SOCI 218 Human Behavior in the Social Environment II	3
	15

TOTAL MINIMUM CREDITS: 60

✦ Are you ready to get started
at RCSJ? Visit [RCSJ.edu/Enroll](https://www.rcsj.edu/enroll)
and complete the interest form. ✦