

**Rowan College of South Jersey**  
**Associate in Science (A.S.) –Transfer**  
**HEALTH, PHYSICAL EDUCATION AND RECREATION**  
**Transfer Program Requirements**

The goal of this program is to provide the first two years of a Health, Physical Education & Recreation baccalaureate degree program for students who wish to transfer to a four-year institution as a Health, Physical Education & Recreation major.

Students who have completed the program will be able to:

- Demonstrate an understanding of pedagogy and core educational practices of physical education teachers.
- Demonstrate an understanding of pedagogy and core educational practices of health education professionals.
- Demonstrate a foundation of knowledge required to promote fitness, health, and recreational activities to sustain lifelong wellness.
- Analyze, evaluate and provide basic care in emergency situations.

**Communications**

		<b><u>Credits</u></b>
ENG 101	English Composition I	3
ENG 102	English Composition II	3

**Mathematics – Science**

MAT 101	Concepts of Mathematics	3
_____	Lab Science Elective (CHM/BIO/PHY)	4
BIO 105	Anatomy & Physiology I (OR)	4
BIO 106	Anatomy & Physiology II	

**Social Science**

PSY 101	General Psychology	3
PSY 212	Adolescent Psychology	3
PSY 203	Educational Psychology	3

**Humanities**

MUS 101	Music Appreciation (OR)	3
ART 101	Art Appreciation	

**General Education**

PHI 101	Introduction to Philosophy (OR)	3
PHI 104	Ethics	
SPE 101	Oral Communications	3

**Education**

EDU 130	Human Exceptionality	3
EDU 205	History of American Education	3
EDU 215	Principles Pedagogies Inclusive Class	2

**HPE**

HPE 122	Fundamentals of Health & Physical Education	1
HPE 136	Nutrition	3
HPE 211	Consumer Health Decisions	3
HPE 233	Safety, First Aid, & Prevention of Athletic Injuries	3
HPE 245	Motor Development & Learning	3
HPE 252	Foundations of Fitness	3
HPE ____	HPE Elective	<u>1-3</u>
		<b>60</b>

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**Suggested Four Semester Sequence of Courses**

**FIRST YEAR**

<b>Fall Semester</b>	<b>Credits</b>
ENG 101      English Composition I	3
MAT 101      Concepts of Mathematics	3
HPE 136      Nutrition	3
HPE ____      HPE Elective	1-3
PSY 101      General Psychology	<u>3</u>
	<b>13-15</b>
 <b>Spring Semester</b>	
ENG 102      English Composition II	3
____ ____      Lab Science Elective (Chemistry/ Biology/ Physics)	4
SPE 101      Oral Communications	3
HPE 211      Consumer Health Decisions	3
HPE 245      Motor Development & Motor Learning	<u>3</u>
	<b>16</b>

**SECOND YEAR**

<b>Fall Semester</b>		<b>Credits</b>
EDU 205      History of American Education		3
____ ____      Art Appreciation (OR) Music Appreciation		3
PSY 203      Educational Psychology		3
HPE 122      Fundamentals of Health & Physical Education		1
EDU 215      Principles Pedagogies Inclusive Classroom		2
HPE 252      Foundations of Fitness		<u>3</u>
		<b>15</b>
 <b>Spring Semester</b>		
BIO ____      Anatomy & Physiology I (OR) Anatomy & Physiology II		4
PSY 212      Adolescent Psychology		3
PHI ____      Introduction to Philosophy (OR) Ethics		3
EDU 130      Human Exceptionality		3
HPE 233      Safety, First Aid, & Prevention of Athletic Injuries		<u>3</u>
		<b>16</b>