

**Rowan College of South Jersey  
Associate in Science (A.S.) in  
Psychosocial Rehabilitation and Treatment  
Transfer Program Requirements  
Suggested Four Semester Sequence of Courses**

A joint Associate of Science Degree in conjunction with Rutgers University, Blackwood, NJ Campus. Psychosocial rehabilitation is a field of practice that promotes recovery, full community integration and improved quality of life for persons diagnosed with severe mental illnesses. Psychiatric rehabilitation services focus on helping individuals develop skills and access resources needed to increase the capacity to be successful and satisfied in the living, working, learning, and social environments. The Psychosocial Rehabilitation and Treatment program is a cooperative program offered by Cumberland and Rutgers University. Students complete 31 pre-professional credits in general education and science courses at Cumberland. The professional course component is completed at Rutgers University, Blackwood, NJ Campus, and the program's affiliated clinical sites. Students who have completed the program will be able to:

- Assist in the rehabilitative care of people with severe mental illness in structured programs.
- Demonstrate professional demeanor, behavior and attitudes.
- Promote the processes of recovery and wellness.
- Access wellness and recovery resources for personal and professional practice
- Implement evidence-based rehabilitation interventions

**First Year**

**Fall Semester**

		<b>Credits</b>
___BI 108	Human Biology	4
___CS 101	Introduction to Microcomputers	3
___EN 101	English Composition I	3
___PY 101	General Psychology	3
___	General Education History Elective	3
		<b>16</b>

**Spring Semester**

___EN 102	English Composition II	3
___HS 140	Legal & Ethical Issues in Healthcare	3
___	General Education Mathematics Elective (MA 110 Recommended)	3
___PY 207	Human Growth & Development	3
___SO 201	Introduction to Sociology	3
		<b>15</b>

**Second Year**

**Fall Semester**

___PSRT 1101	Introduction to Psych Rehab	3
___PSRT 1102	Communication Techniques	3
___PSRT 1103	Group Interventions for People with Disabilities	3
___PSRT 1104	Clinical Principles in Psych Rehab	3
		<b>12</b>

**Spring Semester**

___PSRT 1019	Clinical I	6
___PSRT 2121	Community Resource Management	3
___PSRT 2231	Emerging Topics	3
		<b>12</b>

**Summer Semester**

PSRT 2019	Clinical II	<b>6</b>
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**Total Minimum Credits: 61**

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**Required Core and Elective Courses**

<u>Communications</u>		<u>Credits</u>
EN 101	English Composition I	3
EN 102	English Composition II	3
<u>Mathematics</u>		
—	General Education Mathematics Elective (MA 110 Recommended)	3
<u>Science</u>		
BI 108	Human Biology	4
<u>Technology</u>		
CS 101	Introduction to Microcomputers	3
<u>Social Science</u>		
PY 101	General Psychology	3
PY 207	Human Growth & Development	3
SO 201	Introduction to Sociology	3
<u>History</u>		
—	General Education History Elective	3
<u>Program Courses</u>		
HS 140	Legal & Ethical Issues in Healthcare	3
PSRT 1101	Introduction to Psych Rehab	3
PSRT 1102	Communication Techniques	3
PSRT 1103	Group Interventions for People with Disabilities	3
PSRT 1204	Clinical Principles in Psych Rehab	3
PSRT 1019	Clinical I	6
PSRT 2019	Clinical II	6
PSRT 2121	Community Resource Management	3
PSRT 2231	Emerging Topics	3
 <b>Total Minimum Credits</b>		 <b>61</b>