



Center for People in Transition

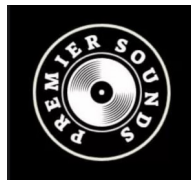
Achieving personal and
professional self-sufficiency

RCSJ.edu/PIT

Thank You

The Center for People in Transition would like to offer a heartfelt thank you to all of our individuals donors as well as the many donor organizations that have provided support to our clients over the past few months.

A Special Thank You to **AJ's Auto Detailing**, **Wolf Brazilian Jiu Jitsu**, **Premiere Sound**, and **On Pointe Dance Center** for hosting a Backpack Drive in September 2022 and for Toy Donations in December 2022.



A Special Thank You to the **People for People Foundation** for hosting Turkey and Trimmings in November 2022 and Breakfast with Santa in December 2022.



PEOPLE FOR PEOPLE



A Special Thank You to **Rowan College of South Jersey's Student Government Association** and **Faculty/Staff** for their annual Giving Tree donation drive

A Special Thank You to **St. John's Evangelical Lutheran Church** and **First Presbyterian Church of Clayton** for their annual donations of holiday gifts and food.

From the Director

Happy New Year!

At the end of each year we celebrate our clients' accomplishments and their commitment to their new year resolutions. 2022 was an amazing year for the Center for People in Transition. We witnessed many of our clients push through very difficult situations and flourish on the other side. As we celebrate our clients' successes, we understand that the contributions of our staff, individuals, agencies, and small businesses made it possible.

We are extremely grateful for the community support we've received in helping our clients with the financial burden of back to school and the holidays as they worked on obtaining training certifications and finding employment.

Thank you!

Crystal Torres

PEOPLE IN TRANSITION WORKSHOPS SCHEDULE

All workshops are open to the public, ages 18 and older. *Registration is mandatory.*



Intermediate Computers

This is a hands-on, 40 hour computer course covering Microsoft Word, Excel and Power Point.

Presented by
Amy Charlesworth, PIT
Fridays, Jan. 6 – Mar. 10, 2023;
10:00 a.m. – 2:00 p.m.

Common Mistakes Made in the Divorce Process (Virtual)

Going through a divorce can be overwhelming. In this interactive workshop, Certified Divorce Coach Jenine Marie Powell will cover some of the most common mistakes made throughout the divorce process and beyond. Participants will gain a general understanding of the divorce process in N.J. and learn how to avoid some of the most common mistakes people make concerning legal matters, finances, co-parenting, decision making, communication and more.

Presented by
Jenine Marie Powell,
CDC, SOS Divorce Coaching
Thursday, Jan. 19, 2023;
6 – 8 p.m.

Bereavement Support Group: Grief, Loss and Other Painful Things

Grief can make you feel adrift, unfocused and disengaged from yourself and others. You may feel lost and uncertain of who you are or feel that the joy of life is gone. Find critical support as you navigate grief and loss in your journey towards healing with this Bereavement Support Group.

Presented by
Sharon Roth-Lichtenfeld,
Certified Professional Life Coach

Part 1: Dealing with Your Loss
Wednesday, Feb. 15, 2023;
7 – 8 p.m.

Part 2: Triggers and Your Loss
Wednesday, Mar. 1, 2023;
7 – 8 p.m.

Part 3: The Struggle to Accept Your Loss
Wednesday, Mar. 15, 2023;
7 – 8 p.m.

Part 4: Forgiveness in Loss
Wednesday, Mar. 29, 2023;
7 – 8 p.m.

Part 5: I Hate the New Normal; Now What?
Wednesday, Apr. 12, 2023;
7 – 8 p.m.

Part 6: Living Life After Loss
Wednesday, Apr. 26, 2023;
7 – 8 p.m.

Part 7: Navigating the Holidays After Loss
Wednesday, May 10, 2023;
7 – 8 p.m.

Part 8: Navigating Important Events After Loss
Wednesday, May 24, 2023;
7 – 8 p.m.

Get The Job, Keep the Job (Virtual)

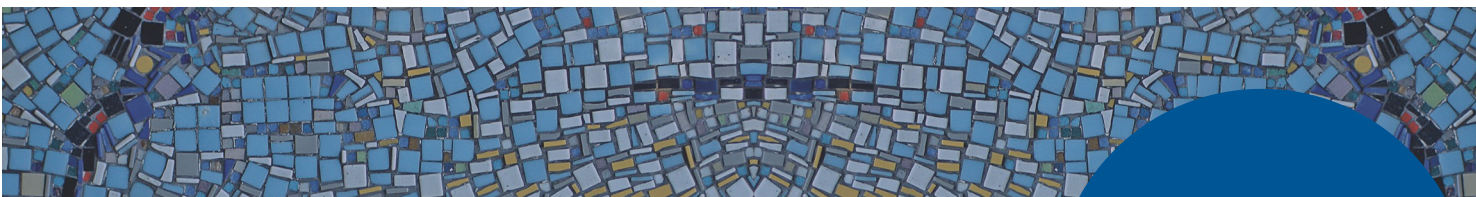
In this workshop, you will learn how to create the perfect resume that highlights your strengths and experience. Discussion will also include cover and thank you letter etiquette, interviewing tips, and job search strategies! Additional discussions will revolve around appropriate workplace behavior like proper attire, work ethic, and time management. Getting the job is fantastic but knowing the keys to keeping the job is essential!

Presented by
Amy Charlesworth, PIT
Thursday, Feb. 23, 2023;
6 – 8 p.m.

Introduction to Medicaid for the Elderly

It is a scary proposition: an elderly parent or relative is unexpectedly admitted to the hospital, and now needs long-term care in a nursing home. Whether you chose the role or not, you are the one responsible for managing this transition. How do you pay for the nursing home? Will they take the house? Can you be personally liable for your loved one's debts? Rather than drown in the sea of rumors about how Medicaid works, please join us in this introductory workshop on adult Medicaid now — *before* the unexpected happens.

Presented by
John P. Ciocco, Esq.
Hoffman DiMuzio
Tuesday, Mar. 14, 2023;
6 – 8 p.m.



Simple Estate Planning

No one wants to leave behind a “mess” for their family. Whether we are ready to face it or not, aging and passing away are a part of life for which we must plan ahead. An essential part of this preparation is estate planning, including the proper drafting of a Last Will and Testament, Power of Attorney and Living Will. Please join us to discuss basic estate planning techniques that will give you and your family peace of mind even when the future is uncertain.

Presented by
John P. Ciocco, Esq.,
Hoffman DiMuzio
Tuesday, Apr. 11, 2023;
6 – 8 p.m.

Advanced Computers

This hands-on, 40-hour computer course will transform the intermediate computer user into an advanced user in just ten sessions!

Presented by
Amy Charlesworth, PIT
Fridays, Apr. 14 – Jun. 16, 2022;
10:00 a.m. – 2:00 p.m.

Become More Proficient in Email

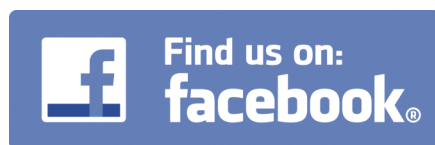
Navigating email is one of the most important skills in today's world. Whether you are using email for professional or personal purposes, learning how to successfully utilize these services is essential.

Presented by
Amy Charlesworth, PIT
Thursday, Apr. 20, 2023;
6 – 8 p.m.

Tips for Effective Coparenting (Virtual)

Shift from chaos to connection in your family as you enhance your knowledge of effective co-parenting strategies that eliminate power struggles and exhaustive battles. This workshop will provide information about positive parenting, children's behavior and skills to create harmony at home and help children build confidence during a time of change.

Presented by
Crystal Torres, LSW, Director, PIT
Tuesday, Jun. 13, 2023;
6 – 8 p.m.



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People in Transition

Rowan College of South Jersey
1492 Tanyard Road
Sewell, NJ 08080

856-415-2222

RCSJ.edu/PIT

peopleintransition@RCSJ.edu

Center for People in Transition
is dedicated to assisting
displaced homemakers
as they work to become
self-sufficient
and successful

- Have you lost your major source of financial support due to separation, divorce, death, or disability of a spouse?
- Are you emotionally and vocationally unprepared to enter the job market?
- Are you unemployed or underemployed?
- Are you unaware of needed support and referral services?

One-on-one services include:

- Support for separated, divorced, and widowed clients
- Individual interviews to determine needs
- Referrals to community resources
- Computer literacy training
- Career counseling
- Information on returning to school or seeking job training
- Job search skills, including resume writing and interviewing techniques
- Assistance with job leads

Call 856-415-2222
to see if you qualify!

Thank You to All of Our Financial, Pro Bono and Pay-It-Forward Supporters

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If you would like to make a donation to the Center, please send it to:

**People in Transition
1492 Tanyard Road
Sewell NJ 08080**

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