

Degree Offered

Associate in Science
Psychosocial Rehabilitation
and Treatment

Curriculum Code: PSY.REHAB.AS

Program Information

A joint Associate of Science Degree in conjunction with Rutgers University, Blackwood, NJ Campus. Psychosocial rehabilitation is a field of practice that promotes recovery, full community integration and improved quality of life for persons diagnosed with severe mental illnesses. Psychiatric rehabilitation services focus on helping individuals develop skills and access resources needed to increase the capacity to be successful and satisfied in the living, working, learning, and social environments.

The Psychosocial Rehabilitation and Treatment program is a cooperative program offered by Cumberland and Rutgers University. Students complete 31 pre-professional credits in general education and science courses at Cumberland. The professional course component is completed at Rutgers University, Blackwood, NJ Campus, and the program's affiliated clinical sites.

When You Graduate

Graduates receive a joint degree from Cumberland and Rutgers. Program graduates are aligned into a dual bachelor of science degree in Psychiatric Rehabilitation and Psychology at Rutgers.

rco.edu

Psychosocial Rehabilitation and Treatment, AS

Program Requirements 61 credits) Credits

Year 1 @ Cumberland County College

Fall Semester

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|--|----|
| <input type="checkbox"/> BI 108 Human Biology | 4 |
| <input type="checkbox"/> CS 101 Introduction to Microcomputers | 3 |
| <input type="checkbox"/> EN 101 English Composition I | 3 |
| <input type="checkbox"/> History General Education Elective | 3 |
| <input type="checkbox"/> PY 101 General Psychology | 3 |
| | 16 |

Spring Semester

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|--|----|
| <input type="checkbox"/> EN 102 English Composition II | 3 |
| <input type="checkbox"/> HS 140 Legal & Ethical Issues in Healthcare | 3 |
| <input type="checkbox"/> Mathematics General Education Elective (MA 110 Recommended) | 3 |
| <input type="checkbox"/> PY 207 Human Growth & Development | 3 |
| <input type="checkbox"/> SO 201 Introduction to Sociology | 3 |
| | 15 |

Year 2 @ Rutgers University

Fall Semester

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|---|----|
| <input type="checkbox"/> PSRT 1101 Introduction to Psych Rehab | 3 |
| <input type="checkbox"/> PSRT 1102 Communication Techniques | 3 |
| <input type="checkbox"/> PSRT 1103 Group Interventions for People with Disabilities | 3 |
| <input type="checkbox"/> PSRT 1204 Clinical Principles in Psych Rehab | 3 |
| | 12 |

Spring Semester

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| <input type="checkbox"/> PSRT 1019 Clinical I | 6 |
| <input type="checkbox"/> PSRT 2121 Community Resource Management | 3 |
| <input type="checkbox"/> PSRT 2231 Emerging Topics | 3 |
| | 12 |

Summer Semester

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| <input type="checkbox"/> PSRT 2019 Clinical II | 6 |
|--|---|

Total Credits 61

Upon completion of this program, students should be able to:

- Assist in the rehabilitative care of people with severe mental illness in structured programs.
- Demonstrate professional demeanor, behavior and attitudes.
- Promote the processes of recovery and wellness.
- Access wellness and recovery resources for personal and professional practice
- Implement evidence-based rehabilitation interventions.