

**NU112 Intro to Nursing Success**

<b>CONCEPT: NURSING</b>	<b>EXEMPLARS</b>
Communication	Interpersonal communication, Communicating expectations, Introduction to Concept Based Curriculum
Assessment	Self- assessment- learning/study needs
Clinical Decision Making	Understanding the Nursing Process and how to use in curriculum
Interventions	Self- interventions for self- health and wellness to include self- management, balancing study, work, family
Teaching Learning	Understanding self- teaching /learning styles to maximize success
Collaboration	collaboration among peer groups
Managing care	introduction to care management systems
Professional Behaviors	Non- judgmental, patient centered care principles Patient Safety Goals
<b>CONCEPT: HEALTH</b>	<b>EXEMPLARS</b>
Advocacy	Understanding what advocacy is
Informatics	What is EBP Role of informatics in Nursing, Intro to Peer Review Journals, Intro to Nursing Research

**NU113 Concepts of Nursing Practice I**

<b>CONCEPT: HUMANS</b>	<b>EXEMPLARS</b>
Acid base	Basic regulation- normal presentation
Fluid & Electrolytes	Basic Fluid balance, Basic Electrolyte Balance
Metabolism	Basic Nutrition, Nutritional Assessment across the life span
Intracranial Regulation	Neurological assessment Infant/child/adult/older adult
Cellular Regulation	
Elimination	Bowel incontinence, constipation, impaction Bladder incontinence & retention, Urinary & GI assessment of Infant/child/adult/older adult
Thermoregulation	Normal, Hypothermia, Hyperthermia
Oxygenation	Respiratory assessment Infant/child/adult/older adult
Perfusion	Cardiovascular Assessment Infant/Child/Adult/Older adult
Inflammation/Immunity	Inflammatory Process, Immunizations
Tissue Integrity	Assessment with normal deviations through lifespan
Infection	Hospital Acquired Infection (HAI). Community Acquired Infection, Standard Precautions
Sensory Perception	Sensory assessment lifespan
Mobility	Body Mechanics, Range of motion, Assessment across lifespan, Fall precautions

<b>Comfort</b>	Pain (acute & chronic assessment), Fatigue, Sleep/rest disorders, Non-pharmacologic management of pain
<b>Stress &amp; Coping</b>	Mental Health concepts, Stress management, Angry patient/family, Basic principles of stress and coping mechanism skills
<b>Grief &amp; loss</b>	Normal grief process throughout lifespan
<b>Cognition</b>	Cognition changes across the life span, Mental status exam, Confusion
<b>Sexuality</b>	Interview techniques for sensitive topics
<b>Reproduction</b>	Normal development
<b>Self</b>	Self-efficacy, resiliency, identity, self-perception, body image, Focus on individual health and wellness
<b>Family</b>	Family Dynamics structure and roles family responses to health promotion, Introduction to Spirituality
<b>CONCEPT: NURSING</b>	<b>EXEMPLARS</b>
<b>Communication</b>	Introduction. to SBAR Interview techniques, Introduction. Therapeutic Communication, documentation, HIPAA
<b>Assessment</b>	Holistic Health Assessment across the lifespan, Assessing normal, Normal growth and development
<b>Clinical Decision Making</b>	Nursing Process, Introduction to critical thinking
<b>Caring Interventions</b>	Nursing presence and caregiver skill development. Physical Assessment to include VS, CNA skills, personal hygiene, and mobility techniques
<b>Teaching Learning</b>	The teaching learning process across the life span.
<b>Collaboration</b>	Interdisciplinary teams Chain of command
<b>Managing care</b>	Cost effective care
<b>Professional Behaviors</b>	Non-judgmental, patient centered care principles, Patient Safety Goals, Accountability, Intro to professional development
<b>CONCEPT: HEALTH</b>	<b>EXEMPLARS</b>
<b>Safety</b>	National Patient Safety Goals, Injury/Illness prevention, Environmental safety, Standard Precautions
<b>Advocacy</b>	Introduction to protecting vulnerable populations
<b>Legal Issues</b>	Nurse Practice Act, NJ BON regulations, Obligation to report, HIPAA, Advanced Directives
<b>Health Policy</b>	Regulatory agencies (OSHA, DHHS, DHSR, CMS), Accreditation, Joint Commission
<b>Health Care Systems</b>	Access to healthcare, Primary, secondary and tertiary care, Nursing care delivery Systems (macro and micro systems)
<b>Ethics</b>	ANA code of Ethics, Ethical Principles
<b>Informatics</b>	Searching journal databases for peer review journals
<b>Mobility</b>	Body Mechanics, Range of motion, Assessment across lifespan, Fall precautions
<b>Comfort</b>	Pain (acute & chronic assessment), Fatigue, Sleep/rest disorders, Non-pharmacologic management of pain
<b>Stress &amp; Coping</b>	Mental Health concepts, Stress management, Angry patient/family, Basic principles of stress and coping mechanism skills
<b>Grief &amp; loss</b>	Normal grief process throughout lifespan
<b>Cognition</b>	Cognition changes across the life span, Mental status exam, Confusion
<b>Sexuality</b>	Interview techniques for sensitive topics
<b>Reproduction</b>	Normal development
<b>Self</b>	Self-efficacy, resiliency, identity, self-perception, body image, Focus on individual health and wellness
<b>Family</b>	Family Dynamics: structure and roles, family responses to health promotion, Introduction Spirituality

## NU114 Concepts of Nursing Practice II

CONCEPT: HUMANS	EXEMPLARS
Acid base	acidosis, alkalosis
Fluid and Electrolytes	Fluid& Electrolyte Imbalances
Metabolism	Diabetes, Obesity, Thyroid disease
Intracranial Regulation	Seizure disorder, epilepsy
Cellular Regulation	Cancer introduction to include therapies & rehab, Anemia, Sickle Cell, Wilm's tumor
Elimination	Vomiting, Diarrhea, BPH, Kidney Stones , UTI
Thermoregulation	r/t infant/child
Oxygenation	SIDS, Cystic Fibrosis Asthma, Bronchitis, Croup/ LTB, Pneumonia, Apnea, RSV, Influenza
Perfusion	Arteriosclerosis/ Atherosclerosis, Angina, Hyperlipidemia, HTN, Heart Failure, DVT, PE, PVD
Inflammation/ Immunity	Appendicitis, Gall bladder disease, Nephritis, Inflammatory Bowel Disease/ Syndrome, Peptic Ulcer, Communicable Diseases
Tissue Integrity	Contact Dermatitis, Pressure Ulcers, Wound Healing
Infection	Conjunctivitis, Otitis Media, Cellulitis, MRSA/VRE, Review Contact/Droplet, Precaution
Sensory Perception	Hearing loss infant child/adult, Cataracts, Glaucoma, Eye injury, Macular Degeneration, Peripheral neuropathy
Mobility	Cerebral Palsy, Fibromyalgia, Back problems (disks, etc), crutch walking, wheelchair, assistive devices
Comfort	r/t pediatric client, narcotics, sedatives, hypnotics
Stress & Coping	Addictions, Anxiety disorders, Depression
Grief & loss	Death & Dying process, Death of infant/child, Child's response to death, Elder response to death
Cognition	Autism Schizophrenia, Alzheimer's/dementia, Delirium, ADHD, Failure to thrive
Sexuality	Changes across the lifespan- menses, secondary sex characteristics, sexual dysfunction, Gender identity
Reproduction	teen pregnancy
Self	Eating disorders, Body image disturbance
Family	family response to alterations in health, consumer education, Alternative therapies
CONCEPT: NURSING	EXEMPLARS
Communication	Reporting/recording using, SBAR, Maintain HIPAA, Therapeutic relationship
Assessment	Assessing Abnormal findings, Correlating of diagnostic data
Clinical Decision Making	Nursing process applied in acute med/ surgical, psych, and pediatric care. Critical thinking models
Caring Interventions	pharmacokinetics, med administration wound care- ostomy/surgical/ pressure, Foley catheter insertion sterile technique, NG tube, G tube placement care, Enemas administration, IV therapy
Teaching Learning	The teaching learning process in acute med/surgical, psych, and pediatric care.
Collaboration	Patient and family as a partner in care, Interdisciplinary teams, Chain of command
Managing care	prioritizing individual/family care; Care coordination
Professional Behaviors	Non-judgmental, safe care of children and adults across the lifespan, Clinical Competence

<b>CONCEPT: HEALTH</b>	<b>EXEMPLARS</b>
Safety	Implement NPSG, Hand Off communication, Injury illness prevention in acute care settings
Advocacy	Protecting and advocating for pt and families
Legal Issues	Criminal vs Civil legal ramifications of nursing care with populations
Health Policy	Professional Organizations
Ethics	Ethics in care across the life span
QI	QI cycle- Plan-do-study-act, Benchmarking
Informatics	Computer based systems, Individual point of care, Clinical decision point systems (ex. Braden Scale, risk for fall, pain scale)

## NU 209 Concepts of Global Health and Diversity

<b>CONCEPT: NURSING</b>	<b>EXEMPLARS</b>
Communication	SBAR reporting community setting, Maintaining HIPAA in community setting
Assessment	Impact of society on health of individual and family
Clinical Decision Making	problem solving, Decision making, Critical thinking
Professional Behaviors	cultural sensitivity, safety in community settings
<b>CONCEPT: HEALTH</b>	<b>EXEMPLARS</b>
Safety	NPSG in community care, Home safety, illness management in community
Advocacy	exploration of community services and how to use resources
Legal Issues	Abuse reporting, Ombudsmen, Social services
Health Care Systems	Allocation of outpatient resources
Ethics	Ethics r/t cultural differences
Informatics/ Evidenced Based Practice	HC preferences of different communities

## NU 210 Concepts in Nursing Practice III

<b>CONCEPT: HUMANS</b>	<b>EXEMPLARS</b>
Acid base	Acidosis alkalosis with pregnancy. Related conditions
Fluid and Electrolytes	Changes r/t pregnancy and pregnancy complications
Metabolism	Osteoporosis
Intracranial Regulation	Migraine/ cluster headaches
Cellular Regulation	Colon CA, Prostate CA, Skin Ca, Breast Ca, Lung CA, Leukemia
Elimination	colitis, Hyperemesis
Thermoregulation	R/T Newborn, R/T aging process
Oxygenation	COPD, Sleep Apnea
Perfusion	Stroke- Hemorrhagic / non hemorrhagic, Non- life threatening Dysrhythmias, PIH
Inflammation/ Immunity	Rheumatoid arthritis, Lupus, HIV/AIDS, Hypersensitive reactions

<b>Tissue Integrity</b>	Vascular and Diabetic Ulcers
<b>Infection</b>	TB, Review Airborne Precautions
<b>Mobility</b>	Fractures, Hip fracture, Osteoarthritis, Multiple Sclerosis, Parkinson's Disease, MG, ALS
<b>Comfort</b>	r/t laboring woman, Alternative therapies for Chronic v acute pain
<b>Stress &amp; Coping</b>	Miscarriage, abortion, Prenatal substance abuse, Post- partum depression and Personality disorders, Child/elder and partner abuse, Aggression/violence, Somatoform and Dissociative Disorders
<b>Grief &amp; loss</b>	Perinatal loss, Situational loss
<b>Cognition</b>	Psychosis, Bipolar
<b>Sexuality</b>	Family planning and preconception counseling, Menopause, STD, Menstrual dysfunction, Erectile Dysfunction
<b>Reproduction</b>	antepartum care, Newborn care, intra partum care, Postpartum care, Complications of Pregnancy, Labor and Delivery and Post -Partum
<b>Family</b>	Family response to alterations in multi systems health issues
<b>CONCEPT: NURSING</b>	<b>EXEMPLARS</b>
<b>Communication</b>	SBAR reporting
<b>Assessment</b>	Assessing abnormal findings with increasing acuity, Correlating of diagnostic data
<b>Clinical Decision Making</b>	Nursing process applied in advance med/surg, psych, and maternal / child, Problem solving, Decision making, Critical thinking
<b>Interventions</b>	Tracheostomy care suctioning nasopharyngeal/oral suction, Blood transfusion
<b>Teaching Learning</b>	The teaching learning process in acute med/surg, psych, and maternal / child care.
<b>Collaboration</b>	Case management Conflict resolution
<b>Managing care</b>	prioritizing individual care for group of pts ( 2-4)
<b>Professional Behaviors</b>	Leadership principles cultural sensitive, safe care of patients and families across the life span, clinical competence
<b>CONCEPT: HEALTH</b>	<b>EXEMPLARS</b>
<b>Safety</b>	NPSG Injury and illness prevention in the advanced med / surg, maternal / child, and psych settings.
<b>Advocacy</b>	Advocate for women's health choices
<b>Legal Issues</b>	Whistle blowing, Risk management, Obligation to report
<b>Health Policy</b>	Types of reimbursement ( Medicare/Medicaid Private)
<b>Health Care Systems</b>	Allocation of resources ( staffing) resource utilization ( delegation)
<b>Ethics</b>	Ethical dilemmas
<b>QI</b>	QI project related to unit
<b>Informatics</b>	Community Healthcare preferences

## NU211 Concepts in Nursing Practice IV

CONCEPT: HUMANS	EXEMPLARS
Acid base	Shock, DKA, multi. Organ dysfunction
Fluid and Electrolytes	Acute Renal Failure, Chronic Renal Failure
Metabolism	Liver disease, End Stage liver failure
Intracranial Regulation	Increased Intracranial Pressure, Traumatic Brain Injury, Closed Brain Injury
Thermoregulation	r/t multisystem injury or failure
Oxygenation	Acute Respiratory Distress Syndrome, Epistaxis
Perfusion	Life Threatening dysrhythmias, Shock ( cardiogenic & Septic), Cardiomyopathy, MI, Pregnancy induced HTN DIC, Ventral Septal Defects, Abdominal Aortic Aneurysm
Inflammation/ Immunity	Inflammatory response in transplant patients and critical patients
Tissue Integrity	Burns
Infection	Septicemia
Mobility	SCI including Spinal shock v perm cord injury, paraplegia v quadriplegic
Comfort	Coma v medically induced coma as therapeutic measure, End of life pain management
Stress & Coping	Suicide across lifespan, Disaster and crisis intervention, PTSD, Sexual Assault
Grief & loss	Death from Homicide, trauma/unintentional accident ( MVA)
Self	individual response to end of life issues
CONCEPT: NURSING	EXEMPLARS
Assessment	Assessing the critical or end of life patient, Correlating of diagnostic data
Clinical Decision Making	Nursing process applied in complex problem solving and critical judgments in critical care, emergency care and hospice.
Interventions	Caregiver skill development in critical/urgent and end of life care, Chest tubes, Central lines, advanced airway management, Multiple IV lines
Teaching Learning	The teaching learning process in critical care areas and hospice. Mentoring
Collaboration	Interdisciplinary communication, Performance Improvement project on unit
Managing care	prioritizing individual care for critical patients, Delegation
Professional Behaviors	Commitment to profession, Work ethics, and clinical competence. Professional development
CONCEPT: HEALTH	EXEMPLARS
Safety	NPSG, Injury illness prevention with critical patient and pt at end of life
Advocacy	Advocate for critically ill patient or those during end of life
Legal Issues	Risk management in critical care
Health Policy	Engaging in professional organizations for transition to practice
Health Care Systems	Emergency Preparedness ( Disasters/ Bioterrorism/ Triage/ First responders)
Ethics	Ethics in End of Life, Organ and Tissue donation
QI	Root cause analysis, QI cycle analysis, Breech in care
Informatics	Using evidenced based research to support caring interventions

## NU212 Concepts of Leadership in Healthcare Systems

CONCEPT: NURSING	EXEMPLARS
Communication	Chain of command, Inter-collaborative communication for effective management
Professional Behaviors	Commitment to profession, Work ethics
CONCEPT: HEALTH	EXEMPLARS
Safety	NPSG implementation within the micro and macro health care system
Advocacy	advocate at macro system level
Legal Issues	health care policy effect on health care systems
Health Policy	Engaging in professional organizations for transition to practice
Health Care Systems	Understanding effect micro system on macro system and macro system on micro system of care
Ethics	Ethics within the HC systems
QI	Apply Root cause analysis, QI cycle analysis, Breech in care
Informatics	Using evidenced based research to support advocacy