

ROADRUNNER'S REFUEL



ROWAN COLLEGE of SOUTH JERSEY

WISH LIST

LUNCH ITEMS

Microwavable soups
Cup of Noodles
Chef Boyardee
Spaghetti O's
Easy Mac
Packets of ready to eat tuna
or chicken salad

DRINKS

Juice boxes
Bottled water
Single serve shelf stable
milk/soy milk boxes
Gatorade
Single serve powdered drink
mixes

SNACK ITEMS

Fruit cups
Applesauce
Trail mix
Fruit snacks
Pudding cups
Peanut butter crackers
Goldfish crackers
Animal crackers
Granola bars
Breakfast bars
Single serve cereal boxes
Microwavable oatmeal
packets/cups
Pop Tarts

TAKE HOME ITEMS

Multi-serving size foods (*such
as boxes of mac & cheese,
cereal, pancake mix, nut
butter & jelly*)
Plain canned vegetables
Beans
Rice/rice mixes
Coffee/tea

NON-FOOD ITEMS

Soap/body wash
Deodorant
Menstrual care products

WE DO NOT ACCEPT

Perishable items
Loaves of bread

If you have any questions, please email food@rcsj.edu