



[EDUCHPERAS; CIP Code 13.1314]

Associate in Science (A.S.) – Transfer

The goal of this program is to provide the first two years of a Health, Physical Education & Recreation baccalaureate degree program for students who wish to transfer to a four-year institution as a Health, Physical Education & Recreation major.

Program Learning Outcomes

Students who have completed the program should be able to:

- Demonstrate an understanding of pedagogy and core educational practices of physical education teachers
- Demonstrate an understanding of pedagogy and core educational practices of health education professionals
- Demonstrate a foundation of knowledge required to promote fitness, health, and recreational activities to sustain lifelong wellness
- Analyze, evaluate, and provide basic care in emergency situations.

Program Contact

Rob Valli, Program Coordinator
rvalli@rcsj.edu

Health, Physical Education and Recreation, A.S.

FIRST YEAR – Fall Semester

☐ ENGL 101 English Composition I <i>or</i> ENGL 101E Enhanced English Composition I	3–4
☐ MATH 101 Concepts of Mathematics	3
☐ PSYC 101 General Psychology	3
☐ NTRN 101 Nutrition	3
☐ HPER 214 Principles of Health and Physical Education	3
	15–16

Spring Semester

☐ ENGL 102 English Composition II	3
☐ ____ General Education Lab Science Elective ¹	4
☐ SPEH 101 Effective Speech	3
☐ HPER 211 Consumer Health Decisions	3
☐ EXSI 252 Foundation of Fitness	3
	16

SECOND YEAR – Fall Semester

☐ BIOL 105 Anatomy & Physiology I <i>or</i> BIOL 106 Anatomy & Physiology II	4
☐ EDUC 101 History of American Education	3
☐ PSYC 203 Educational Psychology	3
☐ ARTS 101 Art Appreciation <i>or</i> MUSI 101 Music Appreciation	3
☐ EXSI 233 Safety, First Aid, CPR, and Injury Protection	3
	16

Spring Semester

☐ GEGR 102 Cultural Geography	3
☐ PSYC 212 Psychology of the Adolescent	3
☐ HPER 245 Motor Development and Motor Learning	3
☐ HPER 257 Pedagogy & Instructional Practices in Health and Physical Education	3
☐ ____ Program Elective ²	1–3
	13–15

TOTAL MINIMUM CREDITS: 60

Program Notes

¹ Chemistry, Biology or Physics recommended.

² HPER 205 Technology in Health & Physical Education is recommended for transfer to Rowan University.

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and complete the interest form. ✦