



Nursing and Health Professions Division
1400 Tanyard Road, Sewell, NJ 08080
856-468-5000

NUR 303: Comprehensive Health Assessment

Syllabus

Lecture Hours/Credits: 3/3

Catalog Description

Prerequisites: Graduation from an accredited school of nursing. Registered Nurse license in good standing.

This course builds upon the Registered Nurse's fundamental knowledge and skills of health assessment. In utilizing a systematic approach, the student will develop a holistic approach in assessing the patient across the lifespan. Upon completion, the student will show competency in obtaining a thorough health history and becoming efficient in the physical skills of inspection, palpation, percussion, and auscultation. Differences between normal and abnormal findings will be explored and appropriate documentation of findings will be stressed. Students will also be exposed to the cultural differences in health and will incorporate evidence-based approaches to assessment.

Textbook and Course Materials

It is the responsibility of the student to confirm with the bookstore and/or their instructor the textbook, handbook, and any other materials required for their specific course and section.

Click here to see current textbook prices at rcgc.bncollege.com.

Evaluation Assessment

Online Proctoring

All courses offered at RCSJ, whether they are web-enhanced, hybrid, or fully online, may include assessments that make use of Online Proctoring. To find out more about Online Proctoring, and to learn about the minimum technical requirements, visit rcsj.edu/elearning/online-proctoring.

Grading Distribution

Grading to be determined by individual instructors.

Individual instructors may include the following assessment(s):

- Exams
- Quizzes
- Terms Identification
- Essays
- Presentations

- Group Discussions
- Attendance and Participation

Grading Scale	C+	81-83	No rounding
A	C	76-80	Admission GPA – 2.5
B+	D+	74-75	
B	D	70-73	

Rowan College of South Jersey Core Competencies

(Based on the NJCCC General Education Foundation - August 15, 2007; Revised 2011; Adopted 2014)

This comprehensive list reflects the core competencies that are essential for all RCSJ graduates; however, each program varies regarding competencies required for a specific degree. Critical thinking is embedded in all courses, while teamwork and personal skills are embedded in many courses.

1. **Written and Oral Communication:** Students will communicate effectively in both speech and writing.
2. **Quantitative Knowledge and Skills:** Students will use appropriate mathematical and statistical concepts and operations to interpret data and to solve problems
3. **Scientific Knowledge and Reasoning:** Students will use the scientific method of inquiry, through the acquisition of scientific knowledge.
4. **Technological Competency:** Students will use computer systems or other appropriate forms of technology to achieve educational and personal goals
5. **Society and Human Behavior:** Students will use social science theories and concepts to analyze human behavior and social and political institutions and to act as responsible citizens.
6. **Humanistic Perspective:** Students will analyze works in the fields of art, history, music, or theater; literature; philosophy and/or religious studies; and/or will gain competence in the use of a foreign language
7. **Historical Perspective:** Students will understand historical events and movements in World, Western, non-Western or American societies and assess their subsequent significance.
8. **Global and Cultural Awareness:** Students will understand the importance of a global perspective and culturally diverse peoples.
9. **Ethical Reasoning and Action:** Students will understand ethical issues and situations.
10. **Information Literacy:** Students will address an information need by locating, evaluating, and effectively using information.

NUR 303 Core Competencies

This course focuses on three of RCSJ's Core Competencies:

- Written and Oral Communication
- Global and Cultural Awareness
- Ethical Reasoning and Action

Student Learning Outcomes: Comprehensive Health Assessment

Successful completion of NUR 303 will help students:	RCSJ Core Competencies	Evaluation / Assessment (Additional means of evaluation may be included by individual instructors)
Perform a comprehensive holistic health assessment utilizing the skills of inspection, auscultation, palpation and percussion.	Written and Oral Communication	Return Demonstration Exams
Modify a comprehensive holistic health assessment for specific populations across the lifespan.	Written and Oral Communication	Class Participation Exams
Incorporate cultural considerations into a comprehensive holistic health assessment.	Global and Cultural Awareness	Class Participation Exams
Effectively communicate health assessment findings.	Written and Oral Communication	Return Demonstration Written Assessments
Execute professional accountability and ethical behavior throughout the health assessment process.	Ethical Reasoning and Action	Participation Written Assessments Exams

Topical Outline

Meetings	Topic	Readings, Activities & Assignments
Class 1 In Class	Course Overview Evidence-based assessment Cultural Competence Interview and health history Documentation	Components of a Comprehensive Health Assessment Readings: Chapters 1,2,3,4 Activities: Class discussion Assignments: Self-assessment and reflective journal; choose patient and submit patient agreement form.
Class 2 ONLINE NO CLASS MEETING You must complete your online work	Mental status Substance use Domestic and family violence Pain	Psychosocial Assessment Readings: Chapters 5, 6, 7 Activities: Online discussion board Assignment: Self-assessment and reflective journal
Class 3 In class	Healthcare wishes Symptom assessment Evaluation of comfort End of life	General Survey and Serious Illness Assessment Explore City of Hope Pain & Palliative Care Resource Center http://prc.coh.org/ Functional Assessment Readings: Chapters 9, 31 Activities: Class discussion and practice using EBP tools Assignment: Self-assessment of skill assessing patients with serious illness, common symptoms, and indicators of approaching death
Class 4 ONLINE NO CLASS MEETING	Skin, Hair and Nails Head, Face, Neck and Eyes	Readings: Chapters 12, 13, 14 Activities: Online discussion and independent practice Assignments: Submit written assignment Health History to eLearning.

Meetings	Topic	Readings, Activities & Assignments
You must complete your online work		
Class 5 In class	Unit Exam 1 Ear, Nose and Throat	Review content from Weeks 1-4 (12 chapters) Readings: Chapters 15, 16 Activities: Exam, class discussion and practice Assignment: Introduce Health promotion teaching plan
Class 6 ONLINE NO CLASS MEETING You must complete your online work	Thorax and Lungs Breasts and Regional Lymphatics	Readings: Chapter 17, 18 Activities: Online discussion and independent practice Assignment: Complete health promotion teaching plan specific to breathing.
Class 7 In class	Heart and Neck Vessels Peripheral Vascular system and Lymphatics	Readings: Chapters 19, 20 Activities: Class discussion and practice Assignment: Complete health promotion teaching plan specific to the cardiovascular system
Class 8 ONLINE NO CLASS MEETING You must complete your online work	Abdomen Male Genitourinary system Anus, Rectum, and Prostate Female Genitourinary system	Readings: Chapter 21, 24, 25, 26 Activities: Online discussion and independent practice Assignment: Complete health promotion teaching plan specific men's/women's health as assigned
Class 9	Musculoskeletal system Neurologic system	Reading: Chapter 22, 23 Activities: Class discussion and practice Assignment: Complete health promotion teaching plan specific to musculoskeletal and neurologic systems.

Meetings	Topic	Readings, Activities & Assignments
Class 10 ONLINE NO CLASS MEETING You must complete your online work	Integration: Putting it all together Technology assessment	Readings: Chapters 27, 29 Activities: Online discussion and independent practice Activity: Develop or find an assessment tool to determine your patient's ability to use technology to manage their health.
Class 11 In class	Unit Exam 2	Review content from weeks 5-10 (11 chapters) Activities: Class discussion and practice Submit written assignment Physical Exam to eLearning.
Class 12 ONLINE NO CLASS MEETING! You must complete your online work	Infant, child, and adolescent assessment Assessment of the Pregnant Woman	Readings: Chapter 28, 30 Activities: Online discussion related to the Activity Assignment: Instructor will assign groups. In your assigned group, prepare a PowerPoint presentation highlighting your assigned population: Infant Child Adolescent Pregnant woman
Class 13	Final Exam	Review content weeks 1-12. Activities: Wrap-up discussions and practice. Activities: Prepare for return demonstration
Class 14/15	Return Demonstrations	Bring a patient and signed patient consent form to your scheduled time.

Affirmative Action Statement

The Board of Trustees is committed to providing a work and academic environment that maintains and promotes affirmative action and equal opportunity for all employees and students without discrimination on the basis of certain enumerated and protected categories. These categories are race, creed (religion), color, national origin, nationality, ancestry, age, sex (including pregnancy and sexual harassment), marital status, domestic partnership or civil union status, affectional or sexual orientation, gender identity or expression, atypical hereditary cellular or blood trait, genetic information, liability for military service, or mental or physical disability, including AIDS and HIV related illnesses.

For questions concerning discrimination, contact Almarie J. Jones, Special Assistant to the President, Diversity and Equity/Title IX and Compliance, 856-415-2154 or ajones@rcsj.edu or (Cumberland) Nathaniel Alridge, Jr., JD, Director, Diversity and Equity/Title IX and Judicial Affairs, 856-691-8600, ext. 1414 or nalridge@rcsj.edu. For disability issues or any barriers in the learning or physical environment related to a document condition/disability please contact: Gloucester campus – Dennis M. Cook, Director, Department of Special Services, ADA/504 Officer at 856-415-2265 or dcook@rcsj.edu; or Cumberland Campus – Meredith Vicente, Senior Director, Physical & Learning Disabilities, Center for Academic & Student Success (CASS) at 856-691-6900 ext. 1282 or mvicent1@rcsj.edu

Department of Special Services

The Department of Special Services is located in the Instructional Center, room 425A. The Special Services Department is committed to providing support services and ensuring equal access to eligible students with documented disabilities as outlined by the Americans with Disabilities Act (ADA) and the Americans with Disabilities Act with Amendments. If you are an eligible student with a documented disability please visit our website at RCSJ.edu/SpecialServices or call the office at 856-415-2265 or 856-415-2247 to speak to the Assistant Director Carol Weinhardt, cweinhar@rcsj.edu.

Reporting Allegations of Sexual Assault and Resource Referrals (8/2020) Gloucester Campus

There are multiple safe places for students to report allegations of sexual assault, both on and off campus. Reports of sexual assault can be made to any of the following offices listed in the chart below.

All students are encouraged to report alleged crimes on campus. Crimes that pose a threat to the campus community must be reported to 9-1-1, Security, the Sheriff's Office or the Deptford Township Police Department. All employees, including Security staff, must report incidents of discrimination, harassment or sexual misconduct to the Title IX Officer.

Service	Resource	Phone Number/Location/Website
Non-Confidential Reporting Local Law Enforcement	Gloucester County Sheriff's Office Deptford Township Police Dept. Gloucester Co. Prosecutor's Office Sexual Assault Response Team	856-681-2200 856-845-2220 856-384-5500 856-384-5555
Non-Confidential Reporting 9-1-1 and Campus Security	9-1-1 Gloucester County Emergency Management Dispatch Campus Security Blue Light Emergency Phones OR ext. 4444 from any campus desk phone	9-1-1 or push RED button on Campus Blue Light Emergency Phones 856-681-6287
Non-Confidential On-Campus Reporting Support Services	Almarie J. Jones Special Assistant to the President Diversity and Equity/Title IX and Compliance John F. Ryder Director Student and Veteran Affairs	856-415-2154 College Center, Room 116 ajones@rcsj.edu 856-468-5000, ext. 6456 College Center, room 202 jryder@rcsj.edu
Confidential On-Campus Counseling and Support Services	Lois Y. Lawson-Bridgell, Ph.D. MSW, LSW, Director Counseling & Wellness Services Center William Leonard, Ph.D. Intervention Teams Consultant Crystal Noboa, LSW, MSW Director, The Center for People in Transition (PIT) Diane Mussoline, EdS, LMFT Director of Behavioral Services	856-464-5236 llawsonb@rcsj.edu College Center, Room 206 856-415-2119 wleonard@rcsj.edu College Center, STEM Office C-168 856-415-2264 cnoboa@rcsj.edu Workforce Development Bldg., room 809 856-494-5665 dmussoli@rcsj.edu College Center, Room 200A
Confidential Off-Campus Full-Service Support	Center for Family Services/ Services Empowering Rights of Victims (SERV)	1-866-295-7378 Camden and Gloucester counties centerffs.org/serv
Hospitals with Sexual Assault Nurse Examiners	Inspira Medical Center Jefferson Washington Township Hospital	700 Mullica Hill Rd. Mullica Hill, NJ · 856-508-1000 435 Hurffville-Crosskeys Rd., Turnersville, NJ · 856-582-2500